



ROYAL OTTAWA HOSPITAL
OPITAL ROYAL D'OTTAWA

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Speciality Clinics.

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November 23, 1981.

Canadian Tobacco Manufacturers Council,
1808 Sherbrooke St. West,
Montreal, Quebec, H3H 1E5.

Dear CTMC Members:

In November of 1979, I proposed that CTMC funding of my research be extended for an additional five year period so that I could further my work on stress-reduction aspects of tobacco smoking. Attached is a copy of the brief proposals which I considered to be of critical relevance to the motivational understanding of the smoking habit. Of the projects suggested, the longitudinal study (which involved Year I, Year II and Year V) was considered to be of greatest potential in elucidating motivational mechanisms.

Attached is a research proposal which provides, in addition to methodology, the theory, rationale, framework and significance of this study. Specific details regarding details of the methodology have purposely been left out so as to allow the CTMC members a clear scope of the general procedures without distraction by a myriad of detail. If however, specific details of tests, regarding procedures etc. are required, this can be done on request.

Attached also is a list of budget requests and their rationale. My greatest concern and embarrassment here is with the amount of monies requested as it is the largest budget (\$85,789.00) I have requested to date. The greatest need of course is technical assistance. I am in the laboratory from 9:00 a.m. - 5:00 p.m. and as such reading, summarizing and writing reports and papers is extremely difficult. An additional member, at the technical level, would definitely relieve the pressure. The rationale for the additional requests is attached so I will not elaborate here. The large request of course pertains only to Year I of the five year plan. The 2nd to 5th year budget requests will be greatly reduced as these will only involve the two salaries and approximately \$10,000/year.

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As observed in the additional proposals, the purpose of the protocols in Year III and Year IV are:

Year III: To determine whether the physiological, behavioral and psychological symptoms experienced during tobacco abstinence are indicative of a "return to an enduring psychophysiological makeup" or are indicative of a temporary "withdrawal syndrome".

Year IV: To determine whether tobacco smoking alleviates attentional deficits in psychiatric patients exhibiting such disorders in the extreme (eg. anxiety patients, schizophrenics etc.)

The written proposals for each of these studies will be submitted prior to each specific deadline date.

Thank you for your consideration of this research. Your support and interest in my work over the past four years is greatly appreciated.

Yours Sincerely,

Verner J. Knott, D.Phil.

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