

TABLE IV

U.K. DHSS Table - June 1975
(modified to show Tar:Nicotine ratio)

TABLE 1—Nicotine and tar yield of cigarettes available in Britain in 1975

Nicotine yield (mg/cigarette)	Brand	Filter (F) or plain (P)	Tar yield (mg/cigarette)	Tar:Nicotine ratio
<i>Very low nicotine</i>				
06	Embassy Ultra Mild	F	1.25	20.81
06	Flowers A Mild De Luxe	F	1.37	17.13
08	Silk Cut Extra Mild	F	2.27	12.61*
09	Piccadilly Mild	F	7.52	15.35
<i>Low nicotine</i>				
065	Player's No 6 Extra Mild	F	8.74	13.45
067	Player's Special Mild	F	8.98	13.40
067	Silk Cut No 3	F	8.29	12.77
065	Silk Cut	F	7.95	11.73*
065	Silk Cut No 1	F	8.69	12.78
075	Piccadilly No 7	F	8.67	11.96*
075	Silk Cut Fine Size	F	13.15	17.90*
076	Pall Mall Lower Size	F	10.45	13.79*
080	Belair Marlboro Kings	F	12.67	15.83
080	Consulate Marlboro	F	12.68	15.75
080	Embassy Extra Mild King Size	F	11.16	13.95
067	Rothmans Royals	F	9.55	11.48*
086	De Luxe Three Stars	F	15.31	17.60*
087	Embassy Extra Mild	F	13.77	13.53*
087	Embassy Marlboro	F	13.13	15.11*
084	Embassy Capital Filter	F	15.23	17.31*
082	St. Morris	F	11.92	12.96
091	Kentons Mild	F	11.29	15.26
091	Kent	F	14.91	15.86
<i>Medium nicotine</i>				
101	Cambridge	F	16.74	16.57*
101	Camel - Easy Size	F	15.91	15.18
101	Camel's Capital Filter	F	15.74	15.13
106	Camel Filter Top	F	16.76	15.91
106	Piccadilly Filter De Luxe	F	16.86	15.91
109	Camel Filter	F	18.16	16.66*
111	Three Castles Filter	F	15.19	13.68*
114	St. Michael Filter	F	21.51	18.87*
116	Benson and Hedges Gold Band	F	17.17	13.90*
117	Camel	F	17.89	15.29
117	Guardia	F	17.25	14.71
119	Embassy Gold	F	17.31	15.91
119	Millbrook	F	15.99	13.15
120	Benson and Hedges Sovereign	F	17.62	14.64
120	Embassy Royal	F	17.19	14.13
121	Embassy Plain	F	17.95	16.50*
121	Kent De Luxe Length	F	17.92	14.81
122	Peter Stuyvesant King Size	F	15.21	12.47*
122	Sheriff Kings	F	17.42	14.75
122	Rothmans Corona International	F	16.55	13.72
125	Woodburn Filter	F	18.13	14.50
126	John Player Carlton Premium	F	15.47	12.29*
126	Kentons Club	F	18.21	14.93
126	Player's No 6 Classic	F	18.26	14.19
127	Nelson	F	16.47	14.13
128	Kentons King Size	F	17.33	15.21
129	Camel	F	19.13	14.93
129	Peter Stuyvesant Luxury Length	F	16.63	12.90
130	Dunhill King Size	F	18.27	11.65
131	Dunhill International	F	18.13	13.67
131	Embassy Filter	F	19.08	21.56
131	Kentons Classic	F	19.02	13.22
131	Player's No 6 Filter	F	17.58	14.93
132	Kentons Tapped	F	18.47	14.47
132	Park Drive Tapped	F	18.09	13.70
132	Player's No 6 Kings	F	19.65	14.69

TABLE 1—Nicotine and tar yield of cigarettes available in Britain in 1975

Nicotine yield (mg/cigarette)	Brand	Filter (F) or plain (P)	Tar yield (mg/cigarette)	Tar:Nicotine ratio
133	John Player Special	F	19.31	11.52
133	Louis Rothmans Select	F	16.50	12.29*
133	Scotch Service Tapped	F	19.72	13.15
133	Solent	F	22.51	16.25*
133	Benson and Hedges King Size	F	19.26	14.37
136	Embassy Kings	F	19.09	13.62
136	Embassy Capital Plain	F	21.91	17.72
139	Stirling	F	19.21	15.15
139	Player's No 10	F	19.75	15.12
139	John Player Carlton Long Size	F	15.99	11.96*
139	De Munnier	F	19.47	13.02
139	Player's Gold Leaf	F	19.99	13.25
139	Rothmans International	F	17.76	15.21
142	Barbican	F	21.40	15.07
144	John Player Kings	F	20.58	14.43
142	Piccadilly King Size	F	20.25	15.26
143	Graven & Co. Tapped	F	23.73	16.21*
144	John Player Carlton King Size	F	15.23	10.67*
144	Leak Filter Top	F	18.31	15.25
146	Charterfield Filter Top	F	16.62	12.29*
146	Camel's Capital Plain	F	21.05	15.27
146	Player's Gold Leaf King Size	F	20.17	15.23
148	Rothmans King Size	F	21.04	14.71
149	Piccadilly No 1	F	23.61	15.63
<i>High nicotine</i>				
150	Weights Filter	F	17.03	12.99
151	Player's Filter Virginia	F	21.45	15.42
152	L and M Lion Filter Top	F	15.93	12.45
155	Player's Park Lane	F	21.55	12.60
159	Silver Three	F	20.39	12.91
161	Richmond Plain	F	22.66	13.67
161	Lambert and Butler International Size	F	15.69	13.26
161	Player's Mild Navy Cut	F	20.49	15.22
167	Player's No 6 Plain	F	24.41	15.61
168	Weights Plain	F	24.53	15.31
171	Kentons Plain	F	22.79	12.13
171	Gallaher's De Luxe Mild	F	23.70	13.70
180	Richmond Filter	F	24.54	13.66
181	Woodburn Plain	F	24.18	13.21
176	Scotch Service Plain	F	26.93	13.64
187	Player's Spectrum Navy Cut	F	26.16	13.89
188	Captain Medium	F	25.81	13.23
195	Park Drive Plain	F	24.62	12.73
<i>Very high nicotine</i>				
209	Gold Flake	F	27.12	15.98
211	Churchman's No 1	F	31.07	15.03
218	Pall Mall Filter	F	29.66	14.21
218	Player's No 3	F	33.02	13.83
220	Gallaher's De Luxe Medium	F	30.10	13.69
220	Lucky Strides	F	23.33	14.22*
226	Lucky Strides Plain	F	29.62	13.69
228	Pall Mall King Size	F	31.53	19.56
239	Captain Full Strength	F	33.77	10.02

The brands are grouped according to nicotine yield. Smokers should try to switch to a low or very low nicotine brand and select the brand with the lowest tar nicotine yield ratio that has the lowest tar nicotine ratio. The least harmful and most harmful brands in each group are marked as follows:
*Recommended brands. *Less harmful brands. †Most harmful brands.

110083863