

# *Dialogue on Health & Aging in British Columbia*

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*October 28 to 29, 2004*

Morris J. Wosk Centre for Dialogue  
580 West Hastings St., Vancouver B.C.



**BCHealthCare**

## PROGRAM AT A GLANCE

Thursday, October 28, 2004

### Home and Community Care, Including End-of-Life-Care

7 a.m. – 8 a.m.  
Conference Registration and Continental  
Breakfast

8 a.m. – 8:10 a.m.  
Welcome and Opening Remarks for  
Home and Community Care, including  
End-of-Life Care

8:10 a.m. – 8:30 a.m.  
B.C. Minister of Health Services  
Colin Hansen

8:30 a.m. – 9:15 a.m.  
Dr. Rejean Hebert

9:15 a.m. – 10 a.m.  
Dr. Peter Coyte

10 a.m. – 10:15 a.m.  
Refreshment Break

10:15 a.m. – 11 a.m.  
Dr. Keren Brown Wilson

11 a.m. – Noon  
Dialogue

### Home and Community Care, Including End-of-Life-Care, *continued*

Noon – 1 p.m.  
Luncheon

1 p.m. – 1:45 p.m.  
Dr. Eduardo Bruera

1:45 p.m. – 2:30 p.m.  
Dr. John McCallum

2:30 p.m. – 2:45 p.m.  
Refreshment Break

2:45 p.m. – 3:30 p.m.  
Steven Lewis

3:30 p.m. – 4:30 p.m.  
Dialogue

4:30 p.m. – 5 p.m.  
Wrap up by Keith Anderson

5 p.m. – 6:30 p.m.  
Networking Reception

Friday, October 29, 2004

### Chronic Illness and Primary Health Care Reform

7 a.m. – 8 a.m.  
Conference Registration and Continental  
Breakfast

8 a.m. – 8:15 a.m.  
Opening Remarks for Chronic Illness  
and Primary Health Care Reform

8:15 a.m. – 8:55 a.m.  
Dr. John Scott

8:55 a.m. – 9:35 a.m.  
Dr. Elaine Stokes and Cori Paul

9:35 a.m. – 10:15 a.m.  
Dr. Chris Rauscher

10:15 a.m. – 10:30 a.m.  
Refreshment Break

10:30 a.m. – 11:10 a.m.  
Dr. Tony Snell

11:10 a.m. – Noon  
Dialogue

### Improving Episodic Care of the Elderly

Noon – 1 p.m.  
Luncheon

1 p.m. – 1:10 p.m.  
Opening Remarks for Improving Episodic  
Care of the Elderly

1:10 p.m. – 1:55 p.m.  
Dr. Robert Kane

1:55 p.m. – 2:40 p.m.  
Dr. Henrik Bjurwill

2:40 p.m. – 2:55 p.m.  
Refreshment Break

2:55 p.m. – 3:40 p.m.  
Dr. Michael Gordon

3:40 p.m. – 4:30 p.m.  
Dialogue

4:30 p.m. – 5 p.m.  
Wrap Up by B.C. Deputy Minister of  
Health Services, Dr. Penny Ballem

A growing and aging population, changing public expectations, as well as technological and scientific advancements, provide both challenges and opportunities for how the health system cares for and supports seniors. Although an aging population is not a new phenomenon, the fact that seniors will make up an estimated 22 per cent of the British Columbian population by 2026 is good reason to plan and act now to ensure that the future health system is flexible, responsive and sustainable.

The B.C. Ministry of Health Services is pleased to bring together a group of national and international panelists, recognized as experts in home and community care and geriatric care, to participate in discussions on the important subject of aging and health and its application to British Columbia.

During the session, experts from Canada, the United States, the United Kingdom, Sweden and Australia will be sharing their experience, knowledge and best practices in the following areas:

- home and community care service delivery, including end-of-life care;
- managing chronic disease through improved primary health care;
- improving acute episodic care for the elderly.

To maximize the learnings from this dialogue, your advance preparation is important. Please come prepared to actively participate in this dialogue. Panelists are anticipating that the audience will have questions and comments to share.

This is your opportunity to take advantage of this dialogue with international experts and your B.C. colleagues.

We look forward to welcoming you to the Dialogue on Health and Aging.

**Colin Hansen**



B.C. Minister of Health Services

MORNING

8:00 a.m. – 8:10 a.m.

### Welcome and Opening Remarks

8:10 a.m. – 8:30 a.m.

### B.C. Minister of Health Services, Colin Hansen

8:30 a.m. – 9:15 a.m.

### Dr. Réjean Hébert



Dr. Réjean Hébert is currently Dean of Medicine and a professor in the Department of Family Medicine at the University of Sherbrooke and also a National Research Fellow of the Québec Health Research Fund (FRSQ). From 2000 to 2003, he was the first scientific director of the Institute of Aging of the Canadian Institutes of Health Research. Previously, he was the founding director of both the research centre at the Sherbrooke Geriatric University Institute and the Québec Research Network in Gerontology and Geriatrics. He has been a member of several boards and committees such as: The administrative board and the executive committee of the Québec Health Research Fund (FRSQ); the advisory committee of the Senior Independence Research Program (Health Canada); and the advisory committee on health services of the conference of Ministry of Health in Québec.

His research focuses on functional decline in the elderly (epidemiology, evaluation of services). He is currently engaged in evaluative studies on the efficacy of health services and programmes, particularly integrated network of services for the elderly and disabled. He is involved in research on caregivers of demented patients and the principal investigator of a multi-centre study on the efficacy of a new support group programme. He developed and validated the functional autonomy measurement system (SMAF), a disability rating scale used in Canada and in other countries for clinical and research purposes. He is one of the principal investigators of the Canadian Study on Health and Aging, one of the largest studies on the epidemiology of dementia.

9:15 a.m. – 10:00 a.m.

### Dr. Peter Coyte



Dr. Peter C. Coyte is a professor of health economics at the Department of Health Policy, Management, and Evaluation, University of Toronto. He publishes widely in the areas of health economics, health policy and health services research. His studies have included the measurement of regional variations in health service utilization, evaluations of the cost effective provision of health care services and assessments of health service finance, delivery and organization for organizations and governments both in Canada and internationally. In 2000, Coyte co-founded the Home and Community Care Evaluation and Research Centre with his colleague, Dr. Patricia McKeever. In 2002, McKeever and Coyte launched the CIHR strategic training program in health care, technology and place, which complements the activities of the Canadian Health Services Research Foundation/Canadian Institutes of Health Research Chair (CHSRF/CIHR).

10:15 a.m. – 11:00 a.m.

### Dr. Keren Brown Wilson



Dr. Keren Brown Wilson is widely known as the architect of the 'Oregon model' of assisted living and for her work with affordable assisted living. Her Oregon-based assisted living companies have provided development and management services to over 200 projects in 17 states with more than 7,000 residents. Many of the companies serve specialized populations, including native American, Spanish-speaking, African-American, deaf, rural and urban, low-income residents, as well as people with mental illness. Dr. Wilson is also a recognized expert on negotiated risk agreements. Dr. Wilson most recently developed a course on international health and aging and began a new focused education program abroad in Latin America for policy and direct service (long term care and housing). She serves as an advisor to the Pan American Health Organizations and has provided technical assistance to many countries, including Canada, China, Uruguay, Nicaragua and the British Virgin Islands, in the areas of long term care and housing. Her research in assisted living began with two of the earliest studies ever done and she is currently involved in four studies. Dr. Wilson was recently recognized by the Nicaraguan government for developing a long-range plan for aging services, including research, training and programs for the elderly, as well as direct assistance to homes for low-income elderly people.

AFTERNOON

1 p.m. – 1:45 p.m.

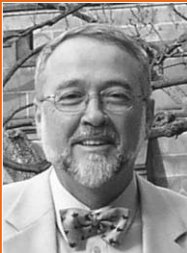
**Dr. Eduardo Bruera**



Dr. Bruera is a professor of medicine, F.T. McGraw Chair in the Treatment of Cancer and Chair of the Department of Palliative Care and Rehabilitation Medicine at the University of Texas M. D. Anderson Cancer Center in Houston. Previously, he served as the Director of the Division of Palliative Care Medicine at the University of Alberta and the Clinical Director of the Edmonton Regional Palliative Care Program. After earning his medical degree at the University of Rosario in Argentina, Dr. Bruera completed his training in medical oncology at the University of Salvador in Buenos Aires. He subsequently began a fellowship in supportive care at the National Institute of Canada at the University of Alberta, followed by an appointment as a professor of oncology and Chair in Palliative Medicine of the Alberta Cancer Foundation. He has a strong interest in the global development of palliative care and has collaborated for many years with the World Health Organization/Pan American Health Organization as a regional focal point for palliative care and as leader of several specific projects.

1:45 p.m. – 2:30 p.m.

**John McCallum**



Professor John McCallum has recently joined Victoria University in Melbourne as the Deputy Vice Chancellor of Educational Programs and Director of the Technical and Further Education Division (TAFE). Prior to this, he was Dean of the College of Social and Health Sciences, Campbell town Campus, University of Western Sydney (UWS). John worked at Griffith University, the Research School of Social Sciences and the National Centre for Epidemiology and Population Health at the Australian National University, the Andrus Gerontology Center at the University of Southern California, Nanzan University in Nagoya and the Tokyo Metropolitan Institute of Gerontology, both in Japan. He joined UWS in 1995 and has established a range of new health science courses including podiatry, chinese medicine, osteopathy and naturopathy. His major research publications and projects are in the areas of aging, health services research, health outcome measures and Vietnam veteran's health. John is a member of the National Health and Medical Research Council (NHMRC) Australian Health Ethics Committee, as well as the NHMRC Health Advisory Committee. He was a contributor to the Myer Foundation Report 2020: A Vision for Aged Care in Australia.

2:45 p.m. – 3:30 p.m.

**Steven Lewis**



Steven Lewis is a partner in Access Consulting Ltd. and sits as a councillor on Canada's recently-formed Health Council. He is former Chief Executive Officer of both Saskatchewan's Health Services Utilization and Research Commission and the Saskatchewan Health Research Board. Since 1974, he has been a health services researcher, research administrator and health policy analyst and consultant. He has worked in government (provincial and federal), in an applied health research centre, as a granting agency administrator and as a private consultant.

MORNING

8:15 a.m. – 8:55 a.m.

**Dr. John Scott**



Dr. Scott has served as Chief of Service, Director of Primary Care Redesign and Chief of Service of the multi-specialty clinic with Kaiser Permanente and is currently on the board of directors of Kaiser Permanente. He developed a group model of care for high-utilizing geriatric patients, which became known as the cooperative health care clinic (CHCC) model. The CHCC was established as a national program within the Kaiser system and ultimately stimulated interest in other modifications of the group visit concept for management of chronic disease. Kaiser Permanente is the largest nonprofit health plan in the United States, serving 8.2 million members, with headquarters in Oakland, California. Dr Scott uses group visits to take a hard look at ways in which the chronic care model has redefined health care for chronic conditions.

8:55 a.m. – 9:35 a.m.

**Dr. Elaine Stokes and Cori Paul**



Dr. Elaine Stokes is currently the Vice-President of Medical and Clinical Services for The Good Samaritan Society (GSS) in Edmonton, a non-profit caregiving Lutheran Social Service Organization. The GSS initiatives for the elderly include comprehensive home option for integrated care for the elderly (CHOICE), designated assisted living, supportive housing, continuing care, programs for people with developmental disabilities and the Good Samaritan Seniors' Clinic, which is a community-based, primary health care program. An interdisciplinary team works to meet the needs of the complex frail elderly living in their homes. Upon completing her geriatric residency, Dr. Stokes joined Baycrest Centre for Geriatric Care in Toronto as the Director for Continuing Care and Reactivation. Following that, she became a medical director with the Calgary District Health Group at the Rockyview Hospital, focusing on in-patient geriatric assessment and rehabilitation beds, out-patient consultation teams, including home visits, and geriatric day hospital. Prior to joining GSS in her current position, Dr. Stokes was the Chief of Geriatrics at the Ottawa's Queensway Carleton Hospital.



Cori Paul is a clinical nurse specialist/manager for the Good Samaritan Society Seniors' Clinic in Edmonton. Prior to this, she worked with the complex frail elderly as the advanced practice nurse for the Good Samaritan Society CHOICE program, the first of its kind in Canada. Paul was an instructor at the University of Alberta (U of A) faculty of nursing for many years and was a founding member of the faculty of nursing primary health care task force. There, she helped to lay the foundation for the integration of primary health care into all nursing programs at the U of A. During this time, she was instrumental in establishing the first interdisciplinary international health course at the U of A with Dr. Amy Zelmer. This course exposes students to primary health care concepts and their value. Paul is an instructor with Athabasca University in health promotion, primary health care, health assessment and physical examination in the nursing baccalaureate program.

9:35 a.m. – 10:15 a.m.

**Dr. Chris Rauscher**



Dr. Chris Rauscher is a physician consultant in geriatric medicine for the Vancouver Coastal Health Authority. He pursues his work in three related areas: clinical practice seeing frail seniors living at risk at home or in care facilities through home visits, professional practice development and health systems planning. Dr. Rauscher has been a medical director in care facilities and has worked extensively with community health care systems, including home and community care and community mental health. He has been involved in developing practical practice tools for working with these populations including a risk assessment approach and an ethics framework for clinical practice in the community. In the last few years, Dr. Rauscher has taken a lead in B.C. in chronic disease management. He is physician-lead for chronic disease management for Vancouver Coastal Health. He chaired a group of health care professionals that wrote the heart failure care guideline for B.C. and was the co-chair of the first chronic disease management structured collaborative in B.C., the BC CHF Collaborative.

## FRIDAY, OCTOBER 29, 2004

CHRONIC ILLNESS AND PRIMARY HEALTH CARE REFORM (MORNING)

IMPROVING EPISODIC CARE OF THE ELDERLY (AFTERNOON)

10:30 a.m. – 11:10 a.m.

### Dr. Tony Snell



Dr. Tony Snell is currently Medical Director for Birmingham and the Black Country Strategic Health Authority in the United Kingdom. In this role, he takes the lead on public health, inequalities, clinical governance and primary care. He was instrumental in leading a successful quality improvement program in England, which focused on chronic disease management in primary care. This resulted in his being named co-vice chair of a National Health Services Confederation negotiating team leading a quality and outcomes framework. During this period, he worked with England's Department of Health in negotiating the new General Medical Services (GMS) contract with the general practitioners' committee of the British Medical Association. He was responsible for the development and implementation of the primary care clinical effectiveness project (PRICCE), which became the basis for the new GMS contract quality and outcome framework.

AFTERNOON

1:10 p.m. – 1:55 p.m.

### Dr. Robert Kane



Dr. Robert Kane currently holds an endowed chair in long-term care and aging at the University of Minnesota, where he directs the Center on Aging, the Minnesota Area Geriatric Education Center, the Clinical Outcomes Research Center and an Agency for Healthcare Research and Quality (AHRQ) funded evidence-based practice center. He has conducted numerous research studies on both the clinical care and organization of care of elderly people, especially those needing long term care. He has analyzed long term systems, both in the United States and abroad. His current research addresses both acute and long term care for elderly people (or older people), with special attention to the role of managed care, chronic disease and disability. Dr. Kane is a consultant to a number of national and international agencies, including the World Health Organization's Expert Committee on Aging.

1:55 p.m. – 2:40 p.m.

### Dr. Henrik Bjurwill



Dr. Henrik Bjurwill is Chief Executive Officer and Senior Physician of Nackageriatriken Limited in Sweden. Nackageriatriken is a private health care provider delivering high-quality geriatric care to patients. Most of its services are carried out on behalf of Stockholm County Council. Prior to joining Nackageriatriken, Dr. Bjurwill was a geriatric consultant to the National Board of Health and Welfare and to various other organizations. He is a member of the board of the geriatric section for the Swedish Medical Association.

2:55 p.m. – 3:40 p.m.

### Dr. Michael Gordon



Dr. Michael Gordon, MSc, FRCPC, FRCPEdin, serves as Vice President of Medical Services and Head of Geriatrics and Internal Medicine for Baycrest Centre for Geriatric Care in Toronto. He is a professor of medicine and a member of the Joint Centre for Bioethics at the University of Toronto. Dr. Gordon is also Head of the Division of Geriatrics at Mount Sinai Hospital. He has participated on many professional and government committees on aging and related subjects and is past chair of the Ontario provincial drug quality and therapeutics committee and an active member of the coroner's committee on geriatrics and long term care. He is a member of the National Advisory Council on Aging and was recently elected a member of the general council of the College of Physicians and Surgeons of Ontario.

4:30 p.m. – 5 p.m.

### B.C. Deputy Minister of Health Services, Dr. Penny Ballem

# GENERAL CONFERENCE INFORMATION

## Registration and Confirmation of Registration

This event is sponsored by the B.C. Ministry of Health Services. Attendance is by invitation only. There is no registration fee, but you must pre-register. To register, complete the enclosed form and fax it back to the 604 945-3576. Confirmation of your registration will be e-mailed or faxed after October 20.

**Registration deadline** October 20, 2004

A continental breakfast and luncheon will be provided on each day. Please note attendees are responsible for their own travel and accommodation expenses.

## Location

The conference will take place at the Morris J. Wosk Centre for Dialogue, located at 580 West Hastings St., Vancouver, B.C. Telephone: 604 291-5800.

## Hotel Information

The Delta Vancouver Suites is the closest hotel to the Morris J. Wosk Centre for Dialogue and is joined to the centre on two levels. Contact the hotel directly to make reservations. If you are eligible for the provincial government hotel rate, please note that limited rooms are available at this rate for this event. Book early to avoid disappointment.

Delta Vancouver Suites, 550 West Hastings St., Vancouver, B.C. V6B 1L6

Toll-free 877 814-7706

Telephone 604 689-8188

Facsimile 604 605-8881

## CCHSE Credits

Approved for 7.5 category II maintenance of certification credits.

## For More Information

Please contact the Conference Intelligence Agency Inc.

Telephone 604 945-3574

E-mail [thecia@shaw.ca](mailto:thecia@shaw.ca).

## Project Working Group

### B.C. Ministry of Health Services

Keith Anderson, Strategic Policy Advisor on Health and Aging

Irene Clarkson, former Executive Director, Mental Health and Addictions

Tessa Graham, Executive Director, Healthy Children, Women and Seniors

Ann Marr, Acting Executive Director, Home and Community Care

Carolyn Ostapin, Research Officer, Home and Community Care

Catriona Park, Acting Executive Lead, Planning and Innovation

Geoff Rowlands, former Assistant Deputy Minister, Planning and Innovation

## Special acknowledgement and appreciation to:

Ann Ardiel, Executive Director, Primary Health Care and Rural Policy

Valerie Tregillus, Director, Strategic Initiatives

## Conference Organizers

Sharon Baskett, The CIA – The Conference Intelligence Agency Inc.

# Dialogue on Health & Aging in British Columbia

October 28 to 29, 2004

Morris J. Wosk Centre for Dialogue

Fax back by October 20, 2004 to 604-945-3576

_____		
First Name	Last Name	
_____		
Organization and/or Health Authority	Title/Position	
_____		
Street Address	City	
_____		
Province	Postal Code	
_____		
Phone	Fax	Email

Please note that attendees are responsible for their own travel and accommodation arrangements

This event is sponsored by the Ministry of Health Services and attendance at this event is by invitation only. There is no registration fee, but you must pre-register.

## For Registration Information

Please contact the Conference Intelligence Agency Inc. at 604-945-3574 or by e-mail at: [thecia.reg@shaw.ca](mailto:thecia.reg@shaw.ca)

## Event Location

The conference takes place at the Morris J. Wosk Centre for Dialogue located in downtown Vancouver at 580 West Hastings St.

## Hotel Information

Book early to avoid disappointment.

Delta Vancouver Suites, 550 West Hastings Street, Vancouver, BC V6B 1L6

Toll-Free: 1-877-814-7706 Tel: 604-689-8188 Fax: 604-605-8881