Part I: Envisioning a Healthy British Columbia

British Columbians expressed a strong view about health and what it means to us as a province. In this section of the Final Report, you will read some of the ideas and concerns of participants around their vision of a healthy British Columbia, which includes:

- Empowering people to make healthy choices and live healthy lifestyles;
- Supporting a healthy society and environment;
- Keeping people safe in their communities and workplaces; and,
- Focusing on Aboriginal people, seniors and people with disabilities.

In this section:

Health Promotion
Lifestyle and Health
Self-Care
Social Determinants of Health
Food Quality and the Environment as Determinants of Health
Chronic Diseases
Public Safety
Workplace Safety
First Nations
Seniors
People with Disabilities