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# Registrant Handbook

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## POLICY 6

### Personal Assistance Services

#### 6.1 Definition of an assisted living residence

“**Assisted living residence**” means a premises or part of a premises, other than a community care facility,

- (a) in which housing, hospitality services and at least one but not more than 2 prescribed services are provided by or through the operator to 3 or more adults who are not related by blood or marriage to the operator of the premises, or
- (b) designated by the Lieutenant Governor in Council to be an assisted living residence.<sup>1</sup>

#### 6.2 Support versus prescribed level of personal assistance

Six personal assistance service areas are identified, in regulation,<sup>2</sup> as prescribed services:

- regular assistance with **activities of daily living**, including eating, mobility, dressing, grooming, bathing or personal hygiene;
- central storage of **medication**, distribution of medication, administering medication or monitoring the taking of medication;
- maintenance or **management** of the **cash resources** or other property of a resident or person in care;
- monitoring of food intake or of adherence to **therapeutic diets**;
- structured **behaviour management** and intervention; and
- **psychosocial rehabilitative therapy** or **intensive physical rehabilitative therapy**.

When you registered, you determined the one or two personal assistance services that would be offered at the prescribed level in your assisted living residence. In addition to the one or two prescribed services, you may offer any of these personal assistance services at a less intensive support level. Please refer to section 6.4, *Personal Assistance Services Matrix*, and the *Personal Assistance Services Self-assessment Worksheet* at Forms Tab 1 for information on which services are classified as support versus prescribed.

Regardless of the level of service, you should ensure that personal assistance services:

- respect and respond to residents’ preferences, needs and values;
- promote maximum dignity and independence for residents; and
- involve family and friends.

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1 *Community Care and Assisted Living Act*, SBC 2002, c. 75, s. 1.

2 *Community Care and Assisted Living Regulation*, BC Reg. 217/2004, s. 2.

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**POLICY 6**  
**Personal Assistance Services**

All personal assistance services must conform to the following two health and safety standards and related policies set out at Policy Tab 4:

- #5** Registrants must develop and maintain personal services plans that reflect each resident's needs, risks and service requests
- #6** Registrants must ensure personal assistance services are provided in a manner that does not place the health or safety of residents at risk.

### **6.3 Health and safety standards for prescribed services**

Please refer to Policy Tab 4 for the health and safety standards associated with the delivery of the prescribed services. The *Personal Assistance Services Self-assessment Worksheet* set out at Forms Tab 1 provides information on activities associated with each personal assistance service area.

### **6.4 Personal assistance guidelines**

Registrants must ensure appropriate delegation of professional tasks to non-professional staff consistent with the *Personal Assistance Guidelines*<sup>3</sup> beginning on the following page.

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<sup>3</sup> See Policy Tab 4, outcome 3.4.