



BRITISH COLUMBIA'S H1N1 PANDEMIC INFLUENZA RESPONSE PLAN (2009)

*Public Health Measures
Summary Document*

October 23, 2009

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1. INTRODUCTION

A number of measures employed to prevent or mitigate the impacts of influenza in communities that do not involve the use of medications or vaccines are collectively known as "public health measures". In response to

H1N1 influenza, B.C. and other provinces and territories have been working with the Public Health Agency of Canada to develop a number of guidelines about public health measures, supplemented by B.C. developed guidelines.

2. GUIDELINES

2.1 Public Health Agency of Canada Guidelines

The following Public Health Agency of Canada public health measures guidelines can be found at http://www.phac-aspc.gc.ca/alert-alerte/h1n1/guidance_lignesdirectrices-eng.php.

Public and Event Organizers

- Hand Hygiene Recommendations for Remote and Isolated Community Settings
- How to look after someone at home with H1N1 flu virus
- Individual and Community Based Measures to Help Prevent Transmission of Influenza-Like-Illness (ILI) in the Community, Including the Pandemic Influenza (H1N1) 2009 Virus.
- Public Health Guidance for the Prevention and Management of Influenza and Influenza-Like-Illness (ILI), Including the Pandemic (H1N1) 2009 Influenza Virus, Related to Mass Gatherings.

Schools, Daycares, Post-Secondary Institutions and Camps

- Public Health Guidance for Post Secondary and Boarding Schools regarding the Prevention and Management of Influenza-Like-Illness (ILI), Including the Pandemic (H1N1) 2009 Influenza Virus.
- Public Health Guidance for Child Care Programs and Schools (K to Grade 12) Regarding the Prevention and Management of Influenza-Like-Illness (ILI), Including the Pandemic (H1N1) 2009 Influenza Virus.
- Prevention and Management of Cases of Influenza-Like-Illness (ILI) Suspected to Be Due to the Pandemic (H1N1) 2009 Influenza Virus in Summer Camps.

Managing H1N1 flu virus in various settings

- Prevention and Management of Cases of Influenza-Like-Illness (ILI) that May Be Due to Pandemic (H1N1) 2009 Influenza Virus on Cruise Ships.
- Guidance for the Management of pandemic H1N1 2009 outbreaks in closed facilities

2.2 B.C. Guidelines

In addition, the following B.C. public health measures-related resources are available from the B.C. Government H1N1 Flu Virus website at <http://www.gov.bc.ca/h1n1/index.html>:

- Facts About the H1N1 Virus (<http://www.gov.bc.ca/h1n1/keyfacts/index.html>)
- H1N1 Tools and Resources (<http://www.gov.bc.ca/h1n1/toolsandresources/index.html>)

For the public:

- [Top 20 ways to prepare for a pandemic](#)
- [Preparing a pandemic emergency kit](#)
- [Protect yourself and others from influenza](#)
- [Handwashing with soap and water](#)
- [Cleaning hands with sanitizer](#)

For First Nations:

Plans, Guidelines, and Other Resources

<http://www.health.gov.bc.ca/pandemic/response/firstnations.html>

For businesses and industry:

- [H1N1 pandemic planning assumptions for fall 2009](#)
- [10 steps for businesses to prepare for a pandemic](#)
- [Employee handout: protect yourself from others and influenza](#)
- [Advice for vets and swine producers](#)
- [On-farm biosecurity in B.C.](#)

For local governments:

[Ways local government can prepare for a pandemic](#)

Information for Parents, Students and Schools:

<http://www.gov.bc.ca/h1n1/backtoschool/index.html>

Information for parents and teachers:

- [Protecting your kids from the H1N1 flu virus](#)
- [If you think your child has the H1N1 flu virus](#)
- [Talking to kids about the H1N1 flu virus](#)
- [Q&A for parents about the H1N1 flu virus](#)
- [Helping children cope with H1N1-related stress](#)

- [Helping adults cope with H1N1-related stress](#)

Information for students:

- [Q&A for students around the H1N1 flu virus](#)

Information for schools:

- Decision and Communication Guidelines about British Columbia Schools and Daycares Closures in Response to a Novel Influenza A
(http://www.gov.bc.ca/h1n1/attachments/school_closure_guidelines.pdf)

Information for summer camps:

- BC Guidelines for the Prevention and Management of Pandemic H1N1(2009) Influenza Virus in Summer Camps (http://www.bccdc.ca/NR/rdonlyres/6B8691DC-C7F4-4F25-BB16-44C7766FEF7B/0/EPID_GF_BCSummerCampGuidelines_july17_09.pdf)