Getting your smoking cessation aids

YOU

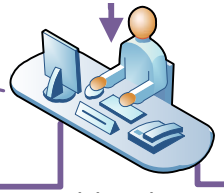
1. You want to try bupropion (Zyban®) or varenicline (Champix®) or get advice from your doctor

2. You want more information

3. You want to try a nicotine replacement therapy (NRT) gum or patch

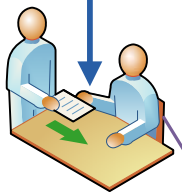
Call 8-1-1

HealthLink BC will answer your questions about the B.C. Smoking Cessation program.



HealthLink BC

Visit your doctor

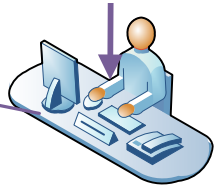


Your Doctor

You decide to try bupropion (Zyban®) or varenicline (Champix®)

You need more information and/or support

QuitNow Services will answer your questions and help you with your stop-smoking plans.

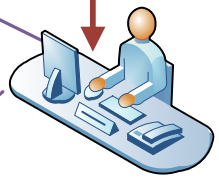


QuitNow Services

HealthLink BC will help you register for the Smoking Cessation Program.

Call 8-1-1 to register

You decide to try an NRT gum or patch

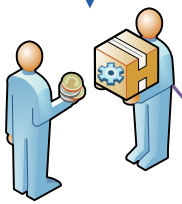


HealthLink BC

HealthLink BC will place your order for the nicotine gum or patch or give you a Reference Number for use at a pharmacy.

Your doctor and you will discuss what medications are best for you.

Get your prescription



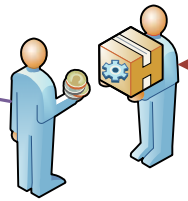
Your Pharmacist

Fill the prescription at your pharmacy

Prescription

Your pharmacist and you will discuss tips on how best to take the prescription drug.

Your pharmacist and you will discuss which nicotine gum or patch will work best for you.



Your Pharmacist

You ask to pick up the nicotine gum or patches at your pharmacy

You ask for the nicotine gum or patches to be mailed directly to you

Fill the order at your pharmacy

Nicotine gum or patch

Your nicotine gum or patch is mailed to you

Shipping