

Appendix I: Sequence for Putting on/Taking off PPE for Exposure to Body Fluids

SEQUENCE for PUTTING ON FULL PPE for Exposure to Body Fluids (not specific to ILI PPE)

Before entering exam room:

1. Wash hands or use alcohol-based hand rub
2. Gown first
3. Then put on surgical mask or N95 respirator
4. Put on goggles or face shield
5. Put on gloves

SEQUENCE for REMOVING FULL PPE (not specific to ILI PPE)

At doorway, before leaving patient room (but remove mask/respirator outside room):

1. Gloves off first
2. Remove gown and discard in appropriate receptacle
3. Hand hygiene
4. Use a paper towel to grasp door handle
5. Remove face shield or goggles
6. Remove surgical mask or N95 respirator
7. Hand hygiene

HOW TO PUT ON AND TAKE OFF Personal Protective Equipment (PPE)



How to put on PPE (when all PPE items are needed)



Step 1

- Identify hazards & manage risk. Gather the necessary PPE.
- Plan where to put on & take off PPE.
- Do you have a buddy? Mirror?
- Do you know how you will deal with waste?



Step 2

- Put on a gown.



Step 3a

- Put on face shield.

OR

Step 3b

- Put on medical mask and eye protection (e.g. eye visor/goggles)



Note: If performing an aerosol-generating procedure (e.g. aspiration of respiratory tract, intubation, resuscitation, bronchoscopy, autopsy), a particulate respirator (e.g. US NIOSH-certified N95, EU FFP2, or equivalent respirator) should be used in combination with a face shield or an eye protection. Do user seal check if using a particulate respirator.



Step 4

- Put on gloves (over cuff).

How to take off PPE



Step 1

- Avoid contamination of self, others & the environment
- Remove the most heavily contaminated items first

Remove gloves & gown

- Peel off gown & gloves and roll inside, out
- Dispose gloves and gown safely



Step 2

- Perform hand hygiene



Step 3a

If wearing face shield:

- Remove face shield from behind
- Dispose of face shield safely



Step 3b

If wearing eye protection and mask:

- Remove goggles from behind
- Put goggles in a separate container for reprocessing
- Remove mask from behind and dispose of safely



Step 4

- Perform hand hygiene