TOBACCO INDUSTRY’S Poster Child

EIGHTY-FIVE PER CENT OF SMOKERS START BEFORE THEIR 16TH BIRTHDAY. DON’T BECOME A TOBACCO INDUSTRY POSTER CHILD.

ADDICTION

Ninety per cent of smokers are addicted to tobacco. They can’t think clearly or remember how to laugh.

WRINKLES

Smoking increases blood flow to the skin. This tends to wrinkle and make the skin more sensitive. Even former smokers are at a higher risk of developing wrinkles.

CATARACTS

The more you smoke, the greater your chance of cataracts — an eye problem that can cause blindness. Even former smokers are at a higher risk of developing a cataract.

MOUTH CANCERS

Smoking is the leading cause of mouth cancer in both men and women. Smoking makes it harder for your teeth to remove germs to your mouth. For every woman, every breath, and a higher chance of getting disease — even if you’re young.

SKIN DAMAGE

Tar from tobacco smoke harms your skin. It makes you look older and cause you to wrinkle.

THROAT CANCER

Two out of every three cases of cancer of the oral cavity is due to smoking. As a result, smokers are more at risk of cancer-causing chemicals than women who smoke cigarettes.

PSoriasis

Smokers are more likely to develop skin to the skin, and their skin is more sensitive to the sun. Even former smokers are at a higher risk of developing skin disease.

HEART DISEASE

Smoking is a major cause of heart disease, TNS, and stroke. It’s one killer. When one single of the first of a cigarette, your heart begins to lose time. Your heart can’t pump, your blood is thicker, and the risk of heart attack is increased.

LUNG DISEASE

Free radicals, coughs that last for 25 days are more likely to cause lung cancer. But long before that, each $200 you lose, your body feels it! You lose everything and, if that doesn’t stop you, depression — when 99 per cent of all cancer deaths are caused by smoking.

STOMACH ULCERS

Smokers are more prone to peptic ulcers. They don’t heal as fast in smokers, and they’re more likely to recur. There’s also growing evidence that smoking may increase the risk of ulcers.